

**Area Agency on Aging Region X Menu Plan**

Mar-26

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>
Swiss Steak w/ Tomatoes and Onions	Chicken Stuffing Casserole	Biscuits and Gravy	BBQ Meatballs	Cook's Choice
Roasted Potatoes	Roasted Potatoes	Sausage	Mashed Potatoes w Gravy	
Carrots	Steamed Cauliflower	Scrambled Eggs	Broccoli	
Tropical Fruit	Pears	Hashbrown	Pears	
Wheat Roll	Garlic Bread	Pineapple/Orange Juice	Wheat Rolls	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>9th</b>	<b>10th</b>	<b>11th</b>	<b>12th</b>	<b>13th</b>
Chicken Tenders	BBQ Pork Riblet	Cheeseburger w/ Bun	Chicken Salad w/ Celery & Onion	Taco Salad (meat, cheese, & beans)
Baked Sweet Potatoes	on a bun	Lettuce, Tomato, Onion, Pickle	on Sliced Wheat Bread	Lettuce, Tomatoes, & Onions
Dark Green Leafy Salad	Potato Salad	Potato Wedges	Cucumber, Tomato and Onion Salad	Tropical Fruit
Hot Roll	Cold Pea Salad	Broccoli Salad	Potato Salad	Tostitos
Baked Cinnamon Apples	Brownie	Apple Crisp	Jello Fluff	Pudding
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>16th</b>	<b>17th St. Patricks Day</b>	<b>18th</b>	<b>19th</b>	<b>20th</b>
Swiss Steak w/ Tomatoes and Onions	Irish Coddle Stew	Meatloaf w/ Ketchup	Homemade Lasagna / w Meat Sauce	Cooks Choice
Roasted Potatoes	W/ Potatoes Onion Carrots	Mashed Potatoes w/ Gravy	Dark Green Leafy Salad	
Carrots	Fried Cabbage	Broccoli	Italian Blend Veggies	
Tropical Fruit	Bread Pudding	Apricots	Garlic Bread	
Wheat Roll	Wheat Rolls	Wheat Roll	Birthday Cake w Fruit	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>23rd</b>	<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>
Chicken and Noodles	German Meatballs w Sauerkraut	Creamy Potato Soup	Sloppy Joe	Chef Salad w/ Egg Cheese
Harvard Beets	Mashed Potatoes	Hot Ham & Cheese Sandwich	w/ Bun	Tomatoes Cucumber Onion
California Blend Vegetables	Brussel Sprouts	Dark Green Leafy Salad	Cold Pea Salad	1/2 Ham Sandwich
Apricots	Baked Apples w/ Cinnamon	Warm Spiced Peaches	Potato Salad	Tropical Fruit
Wheat Roll	Wheat Roll	Vanilla Ice Cream	Pistachio Fluff w/ Pineapple	Cottage Cheese
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>30th</b>	<b>31st</b>			
BBQ Chicken	Soft Taco's W/ Lettuce Tomatoes			
Potato Salad	Lettuce Tomatoes Cheese			
Mannated Tomato Salad	Beans			
Peach Crisp	Spanish Rice			
Wheat Roll	Hot spiced Pineapple			
Coffee/Tea/Milk	Coffee/Tea/Milk			